Dear University of Minnesota student,

Welcome! You are enrolled in the University-sponsored Student Health Benefit Plan (SHBP) for the 2017 summer semester.

If you are covered by another health plan and did not intend to enroll in the SHBP, please email the Office of Student Health Benefits, umshbo@umn.edu, with proof of your health plan (certificate of coverage or a copy of the front and back of your insurance card). Once your health plan information has been verified, your enrollment in the SHBP will be reversed. The deadline to provide proof of other coverage is June 14, 2017. Waiver instructions do not apply to international students, please see our website for more information.

Coverage Basics
Your summer semester coverage is effective May 15, 2017 through August 20, 2017. The premium for coverage, $547, is billed to your student account. Blue Cross and Blue Shield of Minnesota provides the health plan network and claims administration services for the SHBP, giving you access to thousands of providers in their worldwide network.

In addition to having no deductible and 100% coverage for preventive care, the SHBP has many additional benefits, such as:

- Doctor on Demand: an app that connects you to a video visit to diagnose and treat common medical issues
- Stop Smoking Support: a program that supports your journey to being tobacco-free
- Emergency travel assistance: gives you access to assistance 24-hours a day while traveling

Learn more about your coverage. You may also want to explore the pharmacy benefits, additional benefits and the SHBP full benefits summary, found on our website. You will also receive a health plan card and information at your U.S. mailing address on file in MyU.

Please contact our office with any questions.

Have a great semester!

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