Dear University of Minnesota student,

Have you considered the University-sponsored Student Health Benefit Plan (SHBP) for health insurance? You could save money and improve coverage by switching to the SHBP.

**Plan highlights for SHBP**

- No deductible
- Premium cost lower than individual marketplace
- Broad national network
- Meets Affordable Care Act requirements

Compare your current benefits with the SHBP benefits. Also, be sure to review SHBP eligibility criteria, and check the pharmacy formulary to verify your ongoing medications are covered.

Coverage dates for the spring are January 17, 2017 through August 20, 2017. If you need coverage beginning January 1, 2017, please indicate that you would like January coverage on the enrollment form. You will be billed an additional prorate for early enrollment. The average cost per month for single coverage is $166.50.

**How to enroll**

Submit an enrollment form to the Office of Student Health Benefits by December 31 for a January 1 start date, or by February 2 for a January 17 start date.

**Don’t forget about dental**

The Office of Student Health Benefits also offers the Voluntary Student Dental Plan (VSDP) through MetLife. With the VSDP, you’re covered from February 1, 2017 through August 31, 2017. The plan cost is $242.25 per semester. Find plan highlights and enrollment forms here.

If you have additional questions, please contact our office.

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