Dear Student Health Benefit Plan enrollee,

Did you know most preventive care services are 100% covered under your Student Health Benefit Plan (SHBP)? Preventive care focuses on maintaining your health and establishing your baseline health status, which also includes eye and dental care. Proper preventive care is an important part of maintaining overall health. The resources below can help you get started.

**Primary Health Care**
Primary Care is your first stop for health questions and concerns. [Find a Doctor](#) that is convenient for you using the Blue Cross and Blue Shield tool.

**Eye Care**
Routine eye exams are recommended as part of your overall health. [Locate a participating provider](#) and schedule an eye exam at no out-of-pocket cost to you.

**Dental Care**
[Dental care](#) is also important to your health. Primary members (students) enrolled in the SHBP have 100% coverage at participating providers for dental cleanings and comprehensive exams. Use Delta Dental's [Find a Dentist](#) tool to find a provider convenient for you.

Office of Student Health Benefits  
University of Minnesota  
410 Church Street SE, N323  
Minneapolis, MN 55455  
Phone: 612-624-0627 or 1-800-232-9017  
Fax: 612-626-5183 or 1-800-624-9881  
[umshbo@umn.edu](mailto:umshbo@umn.edu)  
[www.shb.umn.edu](http://www.shb.umn.edu)

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410 Church Street SE  
Minneapolis, MN 55455  
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