Travel Assistance

Your Student Health Benefit Plan (SHBP) coverage includes 24/7 emergency travel assistance. Services include assistance with lost or stolen travel documents, political evacuation and emergency language interpretation. UnitedHealthcare Global provides this service until 12/31. Beginning 1/1, your emergency travel assistance will be provided through Redpoint. Find more information on our website.

Feel like you need a sleep tutor?

Learn to Live, an online mental health resource, provides a program focused on creating healthy sleep habits. Winter break is the perfect time to work on a new sleep routine.

Learn to Live also offers programs to help with anxiety, stress and depression. Access Learn to Live anytime and at no cost to you.

Graduating or not returning next semester?

Fall semester SHBP coverage ends on January 21, 2019. If you need coverage until January 31, you have the option to enroll in a short-term coverage extension, which continues SHBP coverage through the end of January. The deadline to enroll in this option is January 21. Learn more on our website.

Questions about your benefits?

Contact Us