You’re invited to get started in HealthPartners’ Well-being Program. The Well-being Program is included in your health plan and gives you the opportunity to learn more about your current health and participate in well-being activities.

**Step #1: Get a biometric health screening.** Health screenings are offered at no cost to HealthPartners plan members through Boynton Health. Trained health professionals will perform the tests and help you interpret the results, including your blood glucose, blood pressure, BMI and total cholesterol. Sign up for your biometric health screening, or find more information [here](#).

**Step #2: Take your 15 minute health assessment.** After completing your biometric health screening, create a login for [myHealthPartners](#) and get started.

**Step #3: Complete well-being activities.** Log in to [myHealthPartners](#) to view available activities.

Don’t miss your chance to improve your health and be well! For more information on well-being resources available to you, head to our [website](#).

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