Dear Graduate Assistant Health Plan enrollee,

Welcome to the Graduate Assistant Health Plan (GAHP)! You’re enrolled in the GAHP, and your fall semester coverage goes through January 31, 2018.

Health Plan Basics
Your health plan network and claims administration services are provided by HealthPartners. HealthPartners has an open access network, which gives you access to thousand of providers. For more information on where to receive care or detailed plan information, visit the Office of Student Health Benefits’ website.

Dental Benefit
The GAHP includes dental coverage for you and your dependent children, up to age 19, at the dental clinic designated for your campus. Find your campus’ designated clinic and detailed plan information here.

New Online Mental Health Resource
Online programs to help with Stress, Depression and Social Anxiety are now available to Student Services Fee-paying students through Learn to Live. The programs are confidential, available at no cost and completed at your own pace. Visit Learn to Live and enter code “UMN” to get started.

Additional Benefits
The GAHP offers additional benefits to enrollees, such as the opportunity to participate in a Well-being Program, emergency travel assistance and retail savings. Explore these benefits.

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