Dear Graduate Assistant Health Plan enrollee,

As part of our annual wellness program, we want you to learn more about your current health and well-being. After completing your Biometric Health Screening, complete the short, 15-minute health assessment.

The online assessment will help you discover how to maintain your health or learn what steps to take to improve it.

**Getting started**

You'll need to register online before you take the health assessment. Follow the instructions below:

1. Go to HealthPartners
2. Enter your username and password (or sign up for a new myHealthPartners account)
3. After logging on, click the "Health assessment and well-being activities" link
4. Complete the assessment & learn more about your health

Need help logging on? Call HealthPartners at 952-883-7800 or 800-311-1052 from 8 a.m. to 8 p.m. Monday through Thursday, or Fridays from 8 a.m. to 6 p.m., CST.

**New to the GAHP?**

Learn more about the Wellness Program and other additional benefits.

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