Dear student,

You are enrolled in the Graduate Assistant Health Plan (GAHP) and your coverage is effective 09/01/2018. GAHP coverage is provided by HealthPartners. It can take up to 1 week for your coverage to be active in the HealthPartners system.

**ID Cards**
Your ID cards will be sent to your University mailing address. If you need your card sooner, you can access it online through the myHP mobile app.

**Health Benefits**
HealthPartners gives you access to thousands of providers and hospitals. Use the HealthPartners portal to find a provider. Primary member plan highlights include:

- No in-network deductible
- 100% coverage of eligible expenses after a $10 co-pay
- $2,500 annual out-of-pocket maximum for covered services
- Pharmacy benefit in the HealthPartners network

For detailed benefit information, review the GAHP Summary Plan Description (pdf) or visit our website.

**Dental Benefits**
You may receive preventive services such as routine exams, x-rays and cleanings at no cost to you at your campus’ designated dental clinic. Find out more here.

**Well-being Resources**
You also have access to no-cost resources to help with your overall health, which includes physical, emotional, financial and social aspects.

- **Well-being program:** resources to help you learn about current health and support your health goals
- Online mental health resource: Learn to Live provides online programs to help with stress, depression, social anxiety and insomnia
- **Emergency travel assistance:** World-wide emergency medical, travel and personal security assistance available 24 hours a day

Learn more about your additional resources.

Please contact our office with any questions.

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
umshbo@umn.edu
www.shb.umn.edu