# 2024-2025 COBRA
# Health Insurance Enrollment and Change Form
# Graduate Medical Education Residents and Fellows

Optional enrollment for completing residents and fellows in job codes 9556, 9559, 9582, 9583, 9555, 9554, 9568 and 9569 and their dependents. At the end of your residency or fellowship, residents and fellows enrolled in the Residents, Fellows and Interns health benefits have the option to enroll in COBRA. You will be enrolled in the same level of benefits as you were enrolled in as a resident or fellow. COBRA enrollment must be completed within 60 days of your last day of coverage. You may stay enrolled in COBRA for up to 18 months continuously. Please keep a copy of this form for your records.

**A. Resident/Fellow Information**

Name (last, first, middle initial) *(please print)* | Date of birth (mm/dd/yyyy) | Sex | U of M ID number

Street address, city, state, ZIP code | Daytime phone | Email address

**B. Enrollment Information – please make plan selection and name all persons to be covered or changed**

**Basic Option**

- ☐ Resident/Fellow only – $587.70/month
- ☐ Resident/Fellow and Spouse – $1,712.40/month
- ☐ Resident/Fellow and Child – $1,310.90/month
- ☐ Resident/Fellow and Children – $1,974.70/month
- ☐ Resident/Fellow and Family – $2,392.10/month

**Basic Plus Option**

- ☐ Resident/Fellow only – $667.80/month
- ☐ Resident/Fellow and Spouse – $2.014.20/month
- ☐ Resident/Fellow and Child – $1,534.60/month
- ☐ Resident/Fellow and Children – $2,320.80/month
- ☐ Resident/Fellow and Family – $2,893.00/month

☐ Spouse _____
Name (last, first, middle initial) *(please print)* | Date of birth | Sex

☐ Child _____
Name (last, first, middle initial) *(please print)* | Date of birth | Sex

☐ Child _____
Name (last, first, middle initial) *(please print)* | Date of birth | Sex

If more than two children, please use the back of this form.

**C. Qualifying Event – please indicate reason for COBRA application**

- ☐ Completion of residency or fellowship
- ☐ Early termination of residency or fellowship
- ☐ Eligible leave of absence
- ☐ Death of covered employee
- ☐ Change in employment status
- ☐ Divorce from employee
- ☐ Loss of eligibility as a dependent child (due to age)

**D. Resident/Fellow Acknowledgement**

**AUTHORIZATION TO OBTAIN OR RELEASE MEDICAL INFORMATION:** On behalf of myself and anyone enrolled on or added to this application ("Us"), I authorize any health care professional or entity to give the health insurance administrator or the University of Minnesota, any and all records or information pertaining to medical history or services rendered to us for any administrative purpose, including evaluation of an application or a claim. I also authorize on behalf of us the use of my U of M ID Number for the purpose of identification. The information provided on this application is accurate and complete. I understand and agree that any omissions or incorrect statements knowingly made by us on this application may invalidate my and/or my dependent's coverage.

Resident/Fellow signature (electronic signatures are not accepted) | Date signed

Please submit to: Office of Student Health Benefits, 410 Church Street SE, N323, Minneapolis, MN 55455
Email: umshbo@umn.edu | Phone: 612-624-0627 | Fax: 612-626-5183 or 1-800-624-9881 | Website: shb.umn.edu