



## Student Health Benefits

UNIVERSITY OF MINNESOTA

Hello and welcome to the Student Health Benefit Plan (SHBP)!

### Health Benefits

Your health coverage became effective on August 21, 2023, and continues through January 15, 2024. The SHBP premium of \$1,795 is billed to your student account. Student Health Benefit Plan coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross), which gives you access to a broad network of providers, both on and off campus. To find an in-network provider that is convenient for you, use Blue Cross' [Find a Doctor](#) tool. To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross [website](#) or call 651-662-5004. Learn more about your coverage [here](#).

### Dental Benefits

The primary member may receive preventive services such as routine exams, x-rays, and cleanings at no cost to you at any in-network provider through Delta Dental. Find out more [here](#). If you would like additional dental benefits, you can enroll in the optional Dental Buy-Up Plan. The Buy-Up Plan is an additional \$984.48 per year and includes restorative dental benefits for services such as emergency treatment, fillings, and tooth removal. You may submit to enroll in the Dental Buy-Up Plan until September 29, 2022.

Students under the age of 19 who are enrolled in the SHBP are automatically provided with *Pediatric Dental Benefits* at no extra cost. Learn more on our [website](#).

### ID Cards

You will receive an ID card from both Blue Cross and Blue Shield and Delta Dental at your University mailing address. **Please note that you will want to verify that your address is up to date through your MyU portal to ensure that your ID cards are sent to the correct mailing address. If changes are made, please contact our office to provide your address as well.** You are also able to access your ID card electronically in the [BlueCrossMN mobile app](#). Once you create an account with [Blue Cross](#), then download and begin using the mobile app. The app also gives you access to check claims or find a doctor. The mobile app can be downloaded from the app store.

### Boynton Pharmacy

For students on the Twin Cities campus, Boynton Pharmacy likely remains the best and most convenient option for filling prescriptions. Boynton Pharmacy's prices are often lower than the \$15/\$25 copay tiers and they now offer curbside pickup. Another perk of using Boynton Pharmacy is the ability to fill up to a 90-day supply of medications. Please visit the [Boynton Pharmacy website](#) to learn more.

### Have Questions?

[Blue Cross and Blue Shield of Minnesota](#) | 651-662-5004

Blue Cross can answer questions about your health coverage and services, in-network providers, and resources to help manage your health.

[Delta Dental of Minnesota](#) | 651-406-5916

Delta Dental can answer questions about your dental coverage, services, and in-network providers.

[Office of Student Health Benefits](#) | [umshbo@umn.edu](mailto:umshbo@umn.edu) | 612-624-0627

The Office of Student Health Benefits can answer questions about eligibility, enrollment, and billing.

Have a great semester!

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