



Student Health Benefits

UNIVERSITY OF MINNESOTA

Hello Plan Member!

The University is pleased to offer you exceptional, cost-effective health benefits through the Graduate Assistant Health Plan (GAHP). The 2023-2024 plan year is September 1, 2023 to August 31, 2024. Enrollment information and forms are now available on our [website](#).

If you graduated or will no longer have an eligible assistantship, traineeship, or fellowship, please notify our office. Your coverage will terminate on August 31, 2023. You have the option to continue coverage for up to 18 months at your own expense with the Continuation of Coverage plan. [Learn more](#).

If you were enrolled during the 2022-2023 plan year and did not have dependents enrolled, you do not need to re-enroll. As long as you remain an eligible graduate assistant, fellow, or trainee, your enrollment will automatically continue.

If you had dependents enrolled during the 2022-2023 plan year, you must re-enroll your dependents at the start of each plan year. To re-enroll dependents, you must submit an [enrollment form](#) (pdf) by **September 28, 2023**. If you remain an eligible graduate assistant, fellow, or trainee, your own enrollment will automatically continue. The rates for the 2023-2023 plan year will change on September 1, 2023. Find the premium you will pay for dependent coverage on our [website](#).

Please contact our office if you have any questions.

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