



Student Health Benefits

UNIVERSITY OF MINNESOTA

Hello Plan Member,

The Student Health Benefit Plan rates are changing for the upcoming 2023-2024 plan year. The rate will increase to \$320 per month for your coverage. If you have dependents on the plan, their rates will increase to \$403 per month for a spouse, \$312 per month for one child, \$473 per month for two or more children, and \$1,196 per month per family.

If you use automatic billing, you do not need to take action and will be charged the new rate in August using the same billing schedule (either the 10th or 25th of the month).

If you do not use automatic billing, you will see the new rate when you come in to make your 2023-2024 payments. If you would like to elect automatic billing for the upcoming plan year, please complete the [International Scholar Payment Form](#) (pdf) and submit it to the Office of Student Health Benefits.

Thank you,

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Minneapolis, MN 55455
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