



Dear residents and fellows,

Open enrollment begins May 1st for the University-sponsored Residents, Fellows, and Interns (RFI) medical and dental benefits. You have until **June 15, 2023**, to enroll or make changes to your 2023-2024 benefits. Changes to your benefits, including premium amount changes, will take effect on July 1, 2023.

**Please note:** Coverage for you and your dependents will remain at the same level as the 2022-2023 plan year unless you submit an Enrollment and Change form by the open enrollment deadline, June 15, 2023.

### Enrollment and Change Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)

Detailed enrollment information, forms, and rates can be found on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits  
University of Minnesota  
410 Church Street SE, N323  
Minneapolis, MN 55455  
Phone: 612-624-0627 or 1-800-232-9017  
Fax: 612-626-5183 or 1-800-624-9881  
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