

Dear residents and fellows,

Your current benefits will terminate at the end of the month in which you complete your residency or fellowship, but you are eligible for COBRA benefits on the first day of the following month.

COBRA enrollment must be completed within 60 days of your last day of coverage. Enrollment information and forms can be found on the Office of Student Health Benefits website.

You may stay enrolled in COBRA for up to 18 continuous months. COBRA coverage must be with the same plan option you had as of the coverage termination date. COBRA payments and cancellations are administered by BRI, LLC.

As part of your University-sponsored disability insurance plan, you have a time-sensitive and unique opportunity to convert to an individual disability policy, the Guaranteed Standard Issue (GSI) option, through Foster Klima.

You may enroll in the conversion opportunity anytime during or up to 90 days after completing your residency or fellowship. For more information or to schedule a meeting, contact the University-designated representatives for your program:

Dustin Peltier | <u>dustin_peltier@fosterklima.com</u> | 612-816-1901 Allyson Peltier | <u>allyson_peltier@fosterklima.com</u> | 612-746-2227

Please contact our office with any questions.

Office of Student Health Benefits University of Minnesota 410 Church Street SE, N323 Minneapolis, MN 55455

Phone: 612-624-0627 or 1-800-232-9017 Fax: 612-626-5183 or 1-800-624-9881

umshbo@umn.edu www.shb.umn.edu

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Office of Student Health Benefits

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