



Dear residents and fellows,

Open enrollment began May 1st for the University-sponsored Residents, Fellows, and Interns (RFI) medical, dental, and life benefits. You have until **June 15, 2023**, to enroll or make changes to your 2023-2024 benefits. Changes to your benefits, including premium amount changes, will take effect on July 1, 2023.

Please note: Coverage for you and your dependents will remain at the same level as the 2022-2023 plan year unless you submit an Enrollment and Change form by the open enrollment deadline, June 15, 2023.

Enrollment and Change Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)
- [Supplemental Life Insurance](#) (pdf)

You are automatically enrolled in \$50,000 of life insurance. You only need to submit this form if you would like additional life insurance.

Detailed enrollment information, forms, and rates can be found on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
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