



Dear residents and interns,

Open enrollment began May 1st for the University-sponsored Residents, Fellows, and Interns (RFI) medical and dental benefits. You have until **June 15, 2023**, to enroll or make changes to your 2023-2024 benefits. Changes to your benefits, including premium amount changes, will take effect on July 1, 2023.

Please note: Coverage for you and your dependents will remain at the same level as the 2021-2022 plan year unless you submit an Enrollment and Change form by the open enrollment deadline, June 15, 2023.

Enrollment and Change Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)

Detailed enrollment information, forms, and rates can be found on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
umshbo@umn.edu
www.shb.umn.edu

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Minneapolis, MN, 55455
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