Hello!

Our records note that you are participating in a Learning Abroad experience and were enrolled in the Student Health Benefit Plan (SHBP) for the fall semester of 2022. Students participating in a Learning Abroad experience are required to carry health insurance. To satisfy this requirement, you have been re-enrolled in the Student Health Benefit Plan for the spring semester of 2023.

Health Benefits
Your health coverage became effective on January 17th and continues through August 20, 2023. The SHBP premium of $1,734 is billed to your student account. Student Health Benefit Plan coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross), which gives you access to a broad network of providers, both on and off campus. To find an in-network provider that is convenient for you, use Blue Cross’ Find a Doctor tool. To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross website or call 651-662-5004. Learn more about your coverage here.

Dental Benefits
The primary member may receive preventive services such as routine exams, x-rays, and cleanings at no cost to you at any in-network provider through Delta Dental. Find out more here.

Students under the age of 19 who are enrolled in the SHBP are automatically provided with Pediatric Dental Benefits at no extra cost. Learn more on our website.

Boynton Pharmacy
For students on the Twin Cities campus, Boynton Pharmacy likely remains the best and most convenient option for filling prescriptions. Boynton Pharmacy’s prices are often lower than the $15/$25 copay tiers and they now offer curbside pickup. Another perk of using Boynton Pharmacy is the ability to fill up to a 90-day supply of medications. Easily transfer your prescriptions to Boynton Pharmacy here: z.umn.edu/rx-transfer-form. Please visit the Boynton Pharmacy website to learn more.

If you would like more information about the Student Health Benefit Plan, visit our website.

Please contact our office with questions.

Office of Student Health Benefits
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