Hello!

You are enrolled in the Student Health Benefit Plan (SHBP) for the Spring 2023 semester. Below is some information to help familiarize you with your coverage.

**Health Benefits**
Your health coverage became effective on January 17th and continues through August 20, 2023. The SHBP premium of $1,734 is billed to your student account. Student Health Benefit Plan coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross), which gives you access to a broad network of providers, both on and off campus. To find an in-network provider that is convenient for you, use Blue Cross’ [Find a Doctor](https://www.bluecrossmn.org/dentists) tool. To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross [website](https://www.bluecrossmn.org/) or call 651-662-5004. Learn more about your coverage [here](https://www.bluecrossmn.org/).

**Dental Benefits**
The primary member may receive preventive services such as routine exams, x-rays, and cleanings at no cost to you at any in-network provider through Delta Dental. Find out more [here](https://www.bluecrossmn.org/).

Students under the age of 19 who are enrolled in the SHBP are automatically provided with *Pediatric Dental Benefits* at no extra cost. Learn more on our [website](https://www.bluecrossmn.org/).

**ID Cards**
Insurance cards from both BlueCross BlueShield and Delta Dental have been mailed to you at your University mailing address. If you have not received your insurance card, please contact our office to update your mailing address and have new copies requested on your behalf. You are also able to access your ID card electronically in the [BlueCrossMN mobile app](https://www.bluecrossmn.org/app). Once you create an account with [Blue Cross](https://www.bluecrossmn.org/), then download and begin using the mobile app. The app also gives you access to check claims or find a doctor. The mobile app can be downloaded from the app store.

**Boynton Pharmacy**
For students on the Twin Cities campus, Boynton Pharmacy likely remains the best and most convenient option for filling prescriptions. Boynton Pharmacy’s prices are often lower than the $15/$25 copay tiers and they now offer curbside pickup. Another perk of using Boynton Pharmacy is the ability to fill up to a 90-day supply of medications. Please visit the [Boynton Pharmacy website](https://www.boynton.missouri.edu/) to learn more.

**Have Questions?**
[Blue Cross and Blue Shield of Minnesota](https://www.bluecrossmn.org/)| 651-662-5004
Blue Cross can answer questions about your health coverage and services, in-network providers, and resources to help manage your health.

**Delta Dental of Minnesota** | 651-406-5916
Delta Dental can answer questions about your dental coverage, services, and in-network providers.

**Office of Student Health Benefits** | umshbo@umn.edu | 612-624-0627
The Office of Student Health Benefits can answer questions about eligibility, enrollment, and billing.

Have a great semester!

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