Welcome to the Student Health Benefit Plan (SHBP)!

**Health Benefits**

Your health coverage became effective on January 17th and continues through August 20, 2023. The SHBP premium of $1,734 is billed to your student account. Student Health Benefit Plan coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross), which gives you access to a broad network of providers, both on and off campus. To find an in-network provider that is convenient for you, use Blue Cross’ Find a Doctor tool. To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross website or call 651-662-5004. Learn more about your coverage here.

**Dental Benefits**

The primary member may receive preventive services such as routine exams, x-rays, and cleanings at no cost to you at any in-network provider through Delta Dental. Find out more here. If you would like additional dental benefits, you can enroll in the optional Dental Buy-Up Plan. The Buy-Up Plan is an additional $839.16 per year and includes restorative dental benefits for services such as emergency treatment, fillings, and tooth removal. You may submit to enroll in the Dental Buy-Up Plan until the end of the day on February 2, 2023.

Students under the age of 19 who are enrolled in the SHBP are automatically provided with Pediatric Dental Benefits at no extra cost. Learn more on our website.

**ID Cards**

You will receive an ID card from both Blue Cross and Blue Shield and Delta Dental at your University mailing address. Please note that you will want to verify that your address is up to date through your MyU portal to ensure that your ID cards are sent to the correct mailing address. If changes are made, please contact our office to provide your address as well. You are also able to access your ID card electronically in the BlueCrossMN mobile app. Once you create an account with Blue Cross, then download and begin using the mobile app. The app also gives you access to check claims or find a doctor. The mobile app can be downloaded from the app store.

**Boynton Pharmacy**

For students on the Twin Cities campus, Boynton Pharmacy likely remains the best and most convenient option for filling prescriptions. Boynton Pharmacy’s prices are often lower than the $15/$25 copay tiers and they now offer curbside pickup. Another perk of using Boynton Pharmacy is the ability to fill up to a 90-day supply of medications. Please visit the Boynton Pharmacy website to learn more.

**Have Questions?**

Blue Cross and Blue Shield of Minnesota | 651-662-5004
Blue Cross can answer questions about your health coverage and services, in-network providers, and resources to help manage your health.

**Delta Dental of Minnesota** | 651-406-5916
Delta Dental can answer questions about your dental coverage, services, and in-network providers.

**Office of Student Health Benefits** | umshbo@umn.edu | 612-624-0627
The Office of Student Health Benefits can answer questions about eligibility, enrollment, and billing.

Have a great semester!

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
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Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
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