



Student Health Benefits

UNIVERSITY OF MINNESOTA

The University is pleased to offer you exceptional, cost-effective health benefits through the Graduate Assistant Health Plan (GAHP). The 2022-2023 plan year is September 1, 2022 to August 31, 2023. Enrollment information and forms are now available on our [website](#).

If you graduated or will no longer have an eligible assistantship, traineeship, or fellowship, please notify our office. Your coverage has terminated on August 31, 2022. You have the option to continue coverage for up to 18 months at your own expense with the Continuation of Coverage plan. [Learn more](#).

If you were enrolled during the 2021-2022 plan year and did not have dependents enrolled, you do not need to re-enroll. As long as you remain an eligible graduate assistant, fellow, or trainee, your enrollment will automatically continue.

If you had dependents enrolled during the 2021-2022 plan year, you must re-enroll your dependents at the start of each plan year. To re-enroll dependents, you must submit an [enrollment form](#) (pdf) by **September 29, 2022**. If you remain an eligible graduate assistant, fellow, or trainee, your enrollment will automatically continue. Find more information on the [enrollment process](#) on our website.

The rates for the 2022-2023 plan year will change on September 1, 2022. The university has increased its contribution from 65% to 75% towards dependent coverage resulting in a lower contribution for graduate assistants paying dependent premiums. Find the premium you will pay for coverage on our [website](#).

Please contact our office if you have any questions.

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