



## Student Health Benefits

UNIVERSITY OF MINNESOTA

*\*If you have already submitted your COBRA enrollment for the 2022-2023 plan year, please disregard this email.\**

Your current benefits will terminate at the end of the month in which you complete your residency or internship, but you are eligible for COBRA benefits on the first day of the following month.

### Find enrollment and change forms below:

- [COBRA Medical Plan](#) (pdf)
- [COBRA Dental Plan](#) (pdf)

Enrollment information, forms, and the full COBRA notice can be found on the Office of Student Health Benefits [website](#).

You may stay enrolled in COBRA for up to 18 continuous months. COBRA coverage must be with the same plan option you had as of the date of coverage termination. COBRA payments and cancellations are administered by BRI.

As part of your University-sponsored disability insurance plan, you have a time-sensitive and unique opportunity to convert to an individual disability policy, the Guaranteed Standard Issue (GSI) option, through Foster Klima. You may enroll in the conversion opportunity anytime during or up to 90 days after completion of your residency or internship. For more information or to schedule a meeting, contact the University-designated Foster Klima representative for your program:

**Dustin Peltier** | [dustin\\_peltier@fosterklima.com](mailto:dustin_peltier@fosterklima.com) | 612-816-1901

**Allyson Peltier** | [allyson\\_peltier@fosterklima.com](mailto:allyson_peltier@fosterklima.com) | 612-746-2227

Please contact our office with any questions.

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Minneapolis, MN 55455  
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Fax: 612-626-5183 or 1-800-624-9881  
[umshbo@umn.edu](mailto:umshbo@umn.edu)  
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