



Student Health Benefits

UNIVERSITY OF MINNESOTA

Open enrollment begins May 1st for the University-sponsored Residents, Fellows, and Interns (RFI) medical and dental benefits. You have until **June 15, 2022**, to enroll or make changes to your 2022-2023 benefits. Changes to your benefits, including premium amount changes, will take effect on July 1, 2022.

Please note: Coverage for you and your dependents will remain at the same level as the 2021-2022 plan year unless you submit an Enrollment and Change form by the open enrollment deadline, **June 15, 2022**.

Enrollment and Change Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)

Detailed enrollment information, forms, and rates can be found on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

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