



Student Health Benefits

UNIVERSITY OF MINNESOTA

Open enrollment for the University-sponsored Residents, Fellows, and Interns (RFI) benefits began May 1st and continues through June 15, 2022, or within 30 days of your start date, whichever is later.

All residents, fellows, and interns must either enroll in the RFI medical plan or waive coverage by providing documentation of other comparable health insurance coverage.

If you choose to enroll in an RFI benefit plan, benefits will be effective as of your start date. Flexible Spending Accounts (FSAs), which are elected via [MyU](#), will start the first day of the month following your start date. If you choose to waive RFI benefits, you are required to submit a [Health Insurance Waiver Request form](#) (pdf) and documentation of other comparable health insurance coverage by the applicable deadline.

Enrollment Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)
- [Supplemental Life Insurance](#) (pdf)
 - You are automatically enrolled in \$50,000 of life insurance. You only need to submit this form if you would like additional life insurance.

Detailed enrollment information, forms, and rates are available on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
umshbo@umn.edu
www.shb.umn.edu

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Office of Student Health Benefits

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