



Student Health Benefits

UNIVERSITY OF MINNESOTA

As a reminder, enrollment is now open for 2021-2022 residents, fellows and interns benefits. All residents, fellows and interns are required to enroll in one of the two medical plans for at least single coverage, or choose to waive the plan. You can waive the plan by submitting a [Health Insurance Waiver Request form](#) (pdf) along with documentation of other comparable health insurance by **June 15, 2021, or within 14 days of your start date, whichever is later.**

If you choose to enroll, your 2021-2022 benefits will be effective as of your start date. Flexible Spending Accounts will start the first day of the month following your start date. More information is available on the Office of Student Health Benefits [website](#).

Enrollment Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)
- [Flexible Spending Accounts](#) (pdf)
 - FSAs start on the first day of the month following your start date.
- [Supplemental Life Insurance](#) (pdf)
 - You are automatically enrolled in \$50,000 of life insurance. You only need to submit this form if you would like additional life insurance.

Please contact our office with any questions.

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