



Open enrollment for the University-sponsored Residents, Fellows and Interns (RFI) benefits begins May 1st and continues through June 15, 2021, or within 14 days of your start date, whichever is later.

**All residents, fellows and interns must either enroll in the RFI medical plan or waive coverage by providing documentation of other comparable health insurance coverage.**

If you choose to enroll in a RFI benefit plan, benefits will be effective as of your start date. Flexible Spending Accounts will start the first day of the month following your start date. If you choose to waive RFI benefits, you are required to submit a [Health Insurance Waiver Request form](#) (pdf) and documentation of other comparable health insurance coverage by the applicable deadline.

#### Enrollment Forms

- [Medical Plan](#) (pdf)
- [Dental Plan](#) (pdf)
- [Flexible Spending Accounts](#) (pdf)
  - FSAs start on the first day of the month following your start date.
- [Supplemental Life Insurance](#) (pdf)
  - You are automatically enrolled in \$50,000 of life insurance. You only need to submit this form if you would like additional life insurance.

Detailed enrollment information, forms and rates are available on the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits  
University of Minnesota  
410 Church Street SE, N323  
Minneapolis, MN 55455  
Phone: 612-624-0627 or 1-800-232-9017  
Fax: 612-626-5183 or 1-800-624-9881  
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