The Graduate Assistant Health Plan (GAHP) is administered through the Office of Student Health Benefits (OSHB) and coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross).

**COVERAGE DATES**
The 2020-2021 plan year goes from September 1, 2020 to August 31, 2021.

- Fall semester coverage begins September 1, 2020
- Spring semester coverage begins February 1, 2021. If you work into May, your coverage will automatically continue through August 31.

**HEALTH BENEFITS**
Blue Cross gives you access to thousands of providers and hospitals. Use the Blue Cross online portal to find a provider, [www.bluecrossmn.com/umnga](http://www.bluecrossmn.com/umnga).

Primary member highlights:
- No in-network deductible
- 100% coverage of eligible expenses after a $10 office visit co-pay
- $2,500 annual out-of-pocket maximum for covered services
- Pharmacy benefit in the Blue Cross network with $300 out-of-pocket maximum

For more information, visit the OSHB website, [www.shb.umn.edu/graduate-assistants/gahp-health-benefits](http://www.shb.umn.edu/graduate-assistants/gahp-health-benefits).

The GAHP offers two optional plans to cover your eligible dependents, Plan 1 or Plan 2. Review detailed information about both options on the OSHB website, [www.shb.umn.edu/graduate-assistants/gahp-health-benefits](http://www.shb.umn.edu/graduate-assistants/gahp-health-benefits).

**DENTAL BENEFITS**
The primary member may receive preventive services such as routine exams, x-rays and cleanings at no cost to you at your campus’ designated dental clinic. Find out more on the OSHB website, [www.shb.umn.edu/graduate-assistants/gahp-dental-benefits](http://www.shb.umn.edu/graduate-assistants/gahp-dental-benefits).

**WELLBEING RESOURCES**
Find information on resources to help manage your health on the OSHB website, [www.shb.umn.edu/graduate-assistants/wellbeing](http://www.shb.umn.edu/graduate-assistants/wellbeing).

**COSTS**
Please see the website, [www.shb.umn.edu/graduate-assistants/gahp-costs](http://www.shb.umn.edu/graduate-assistants/gahp-costs), for information on costs.
ID CARDS
Your member ID card is your passport to care. It tells providers that you have coverage and gives them information they need to submit your claims to Blue Cross. You will receive a health plan card and information to your U.S. mailing address.

Additionally, your card provides your customer service phone number and information necessary to register for the Blue Cross online portal, www.bluecrossmn.com/umnga.

ENROLLMENT

<table>
<thead>
<tr>
<th>Graduate Assistant Status</th>
<th>Enrollment Action</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>New graduate assistants, fellows, and trainees</strong></td>
<td>To receive benefits, you must complete the enrollment process by September 15, 2020 or within 14 days of your appointment start date, whichever is later.</td>
</tr>
<tr>
<td><strong>Current GAHP members (with no enrolled dependents)</strong></td>
<td>You do not need to re-enroll. Your enrollment will automatically continue next term, as long as you remain an eligible graduate assistant, fellow or trainee.</td>
</tr>
<tr>
<td><strong>Current GAHP members (with enrolled dependents)</strong></td>
<td>Dependents must be re-enrolled each plan year. You must re-enroll your dependents by September 15, 2020. The primary member’s coverage (if eligible) will continue whether or not dependents are re-enrolled.</td>
</tr>
</tbody>
</table>

For questions about:

- Eligibility
- Enrollment
- Billing
- General questions

Contact the Office of Student Health Benefits
www.shb.umn.edu
umshbo@umn.edu
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881

For questions about:

- Medical coverage
- Prescription coverage
- Wellbeing resources
- In-network providers
- Resources to help manage your health

Contact Blue Cross and Blue Shield of Minnesota
www.bluecrossmn.com/umnga
Phone: 651-662-5004 or 1-866-873-5943