Figuring out what is covered under the Student Health Benefit Plan can be confusing. A good place to start is your Summary of Benefits. The Summary of Benefits (SBC) is a reference guide to your benefits. Your SBC provides plan descriptions, what services are covered by your plan, and what your out-of-pocket costs will be for specific services. The 21-22 Plan Year SBC is will be coming soon, but you may use last year’s SBC here, under “Health Plan Benefits Summaries” as the preventative care coverage has not changed.

Preventive dental care is an essential part of your overall health. Preventive and periodontal dental benefits are included in the Student Health Benefit Plan, which means you can receive routine cleanings and services at no cost to you. Use Delta Dental’s Find a Dentist tool to locate a provider that’s convenient. Learn more about what’s covered on the Dental Benefits page.

Getting vaccinated for Human Papillomavirus (HPV) can help prevent certain types of cancer. HPV is the most common sexually transmitted infection and the three-shot vaccine series protects you from the highest-risk strains of HPV.

If you are 26 or under, the vaccines are covered 100% by the Student Health Benefit Plan, meaning you can receive the vaccines at no cost to you. If you are between the ages of 27 and 45, the vaccine is covered 80%, meaning you pay 20%. Use the Blue Cross Find a Doctor tool to find an in-network provider.

Find out more: HPV Vaccine Information

Did you know? Receive the services below at no cost to you.
- Routine vision exams
- Screening for sexually transmitted disease and infection
- Preventive health visits

Questions about your benefits?
Find out who to contact.

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
umshbo@umn.edu