



Figuring out what is covered under the Graduate Assistant Health Plan can be confusing. A good place to start is your Summary of Benefits.

The Summary of Benefits (SBC) is a reference guide to your benefits. Your SBC provides plan descriptions, what services are covered by your plan and what your out-of-pocket costs will be for specific services.

[Review your SBC here, under "Brochures"](#)

Preventive dental care is an essential part of your overall health.

Preventive dental benefits are included in the GAHP for you and your dependent children, which means you can receive routine cleanings for no cost at [Lake Superior Dental Associates](#).

The GAHP also pays 80% of basic restorative services and 50% of major restorative services up to \$1,000 per academic year. Dependents receive preventive and other covered restorative dental services at a 20-30% discount. Learn more about what's covered on the [Dental Benefits](#) page.



Vaccination is the best defense against the flu for you and everyone else too.

Getting a flu shot is fast, easy, and there's no out-of-pocket cost to you. You can get your flu shot at your doctor's office, some pharmacies and other flu shot clinics.

[Find where to get a flu shot near you](#)

Did you know?

Receive the services below at no cost to you.

- Routine vision exams
- Screening for sexually transmitted disease and infection
- Preventive health visits



Questions about your benefits?

Find out who to contact

*Copyright © 2019 Regents of the University of Minnesota, all rights reserved.
The University of Minnesota is an equal opportunity educator and employer.*

This message was sent from:
Office of Student Health Benefits
410 Church St. S.E.
Minneapolis, MN, 55455,
USA

[mass email privacy statement](#)