



You are receiving this email because you recently received a welcome email for the Student Health Benefit Plan (SHBP) with the subject line "Welcome to the Student Health Benefit Plan". That email generated some questions that our office would like to clarify.

If you completed the Health Coverage Declaration and waived the Student Health Benefit Plan, you may disregard the welcome email. If you would like to verify that you waived SHBP coverage, go to your [Student Center](#) in the MyU portal. Then click on the "Communication Center" link on the right hand side of the "Student Center" page. If the Health Coverage Declaration shows under your completed messages and has a "declined" status next to it, you have waived the SHBP successfully.

If you are an international scholar or intern enrolled on a monthly plan this email was not intended for you and we apologize for the confusion.

If you are an international student that has recently been approved for a waiver or has a pending waiver you may disregard this email. If you wish to confirm your waiver please take the following steps prior to contacting our office. First, check your tuition account to verify that the fees have been removed or are not present on your account. If the fees are present then verify that you have submitted waiver materials to our office. If you have submitted waiver materials to our office but have not been waived yet, please be patient as we are currently experiencing high volumes of inquiries and we are processing your materials.

For students that enrolled in the SHBP, your health coverage became effective August 24 and continues through January 18, 2021.

**Please direct any questions regarding this email or the welcome email to the Office of Student Health Benefits.**

[Office of Student Health Benefits](#) | [umshbo@umn.edu](mailto:umshbo@umn.edu) | 612-624-0627

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