Welcome to the Student Health Benefit Plan (SHBP)!

**Health Coverage Basics**
Your health coverage is effective January 19 and continues through August 22, 2021. The SHBP premium of $1,272 is billed to your student account.

Blue Cross and Blue Shield of Minnesota (Blue Cross) provides the health plan network and claims administration services for the SHBP, giving you access to thousands of providers in their worldwide network. To find an in-network provider convenient for you, use the Blue Cross [Find a Doctor](#) tool.

To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross [website](#) or call 651-662-5004.

**Blue Cross Blue Shield ID Cards**
A Blue Cross ID card was sent to your University mailing address. You are able to access care prior to receiving your physical ID card. To obtain your policy information before you receive your physical ID card, please contact Blue Cross at 651-662-5004 or the Office of Student Health Benefits at 612-624-0627. Once you have your policy information, you can create an account on the Blue Cross [portal](#) or download the Blue Cross [app](#) to access a virtual ID card.

**Dental Benefits**
The SHBP includes preventive dental benefits for the primary member (the student) and pediatric dependents (under age 19) through Delta Dental. Services such as routine cleanings and exams are included in the preventive dental benefits. Use Delta Dental’s [Find a Dentist](#) tool to locate a dentist. Learn more about your dental benefits.

**Dental Benefit ID Cards**
A Delta Dental ID card was sent to your University mailing address. If you have not received your card by now, please verify your University mailing address is updated in your MyU portal and contact the Office of Student Health Benefits at 612-624-0627 to order a new card.

If you need a replacement ID card, would like to view benefit information or find a dentist, visit Delta Dental’s [website](#).

**Have Questions?**
[Blue Cross and Blue Shield of Minnesota](#) | 651-662-5004
Blue Cross can answer questions about your health coverage and services, in-network providers and resources to help manage your health.
Delta Dental of Minnesota | 651-406-5916
Delta Dental can answer questions about your dental coverage, services and in-network providers.

Office of Student Health Benefits | umshbo@umn.edu | 612-624-0627
The Office of Student Health Benefits can answer questions about eligibility, enrollment and billing.

Have a great semester!

Office of Student Health Benefits
University of Minnesota
410 Church Street SE, N323
Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
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