Welcome to the University-sponsored Student Health Benefit Plan (SHBP)! Please expect identification cards to arrive in the mail soon. Your SHBP coverage is effective **01/18/2022 through 08/21/2022**. The premium for SHBP coverage is billed to your student account. If you have questions on eligibility, enrollment, or billing, please contact our office at 612-624-0627 or umshbo@umn.edu.

**Health Benefits**

Student Health Benefit Plan coverage is provided by Blue Cross and Blue Shield of Minnesota (Blue Cross), which gives you access to a broad network of providers, both on and off-campus. To find an in-network provider convenient for you, use Blue Cross’ [Find a Doctor](https://www.bluecrossmn.org/find-a-doctor) tool. To check coverage for healthcare services or find resources to help manage your health, visit the Blue Cross and Blue Shield [website](https://www.bluecrossmn.org/) or call 651-662-5004. Learn more about your coverage [here](https://www.bluecrossmn.org/).

For policy information please contact Blue Cross Blue Shield of Minnesota directly:

- Customer service number: 651-662-5004

**Dental Benefits**

The SHBP includes preventive dental benefits provided by Delta Dental for the primary member (the student) ages 19 and older. Services such as routine cleanings and exams are included in the preventive dental benefits. Preventative benefits will be effective as of your SHBP start date. Use Delta Dental’s [Find a Dentist](https://www.deltadentalmn.com/find-a-dentist) tool to locate a dentist.

Students under the age of 19 who are enrolled in the Student Health Benefit Plan (SHBP) are automatically provided with Pediatric Dental Benefits at no extra cost. Pediatric coverage includes preventive and periodontal dental benefits, covered at 100% once every six (6) months such as teeth cleanings, deep cleanings, x-rays, and comprehensive exams. It also includes restorative dental benefits, covered between 50-80%, such as emergency treatment, fillings, and tooth removal.

For policy information please contact Delta Dental of Minnesota:

- Customer service number: 651-406-5916

**ID Cards**

You will receive your ID cards from Blue Cross and Blue Shield and Delta Dental at your University mailing address. **Please note that you will want to verify that your address is up to date through your MyU portal to ensure that your ID cards are sent to the correct mailing address.** You are also able to access your ID card electronically in the [BlueCrossMN mobile app](https://www.bluecrossmn.org/app). Once you create an account with [Blue Cross](https://www.bluecrossmn.org/), then download and begin using the mobile app. The app also gives you access to check claims or find a doctor. The mobile app can be downloaded in the app store.
Prescription Benefit
For questions regarding your prescription benefit, please contact Boynton Health pharmacy directly at 612-624-7655. If you are in Minnesota, Boynton Pharmacy is likely your best and most convenient option for prescriptions. The SHBP allows you to fill a 90-day supply of your medication when you pick it up at Boynton Pharmacy (some exceptions may apply). After-hours pharmacy options can be found here.

Please visit the Office of Student Health Benefits website to find more information on your SHBP benefits and reach out to us with any questions.

Thank you,

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