If you recently completed the Health Coverage Declaration, please disregard this message.

The **February 4th deadline** to complete the Health Coverage Declaration to fulfill the University’s health insurance requirement is approaching. Please go to your [Student Center](#) to complete the declaration.

**If you have your own health insurance**
You must complete the online Health Coverage Declaration to provide proof of your own health insurance. Choose “Waive Me” and provide your health insurance information.

**If you intend to continue enrollment in the Student Health Benefit Plan**
Please complete the Health Coverage Declaration and choose “Enroll Me” to confirm your enrollment. Eligibility criteria can be found [here](#).

The deadline to complete the Health Coverage Declaration is February 4. For more information, visit the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits  
University of Minnesota  
410 Church Street SE, N323  
Minneapolis, MN 55455  
Phone: 612-624-0627 or 1-800-232-9017  
Fax: 612-626-5183 or 1-800-624-9881  
[umshbo@umn.edu](mailto:umshbo@umn.edu)  
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