If you recently completed the Health Coverage Declaration, please disregard this message.

The **February 3rd deadline** to complete the Health Coverage Declaration to fulfill the University’s health insurance requirement is approaching. Please go to your Student Center to complete the declaration. No action will result in your enrollment and billing of the non-refundable Student Health Benefit Plan (SHBP) for the Spring 2022 semester.

**If you have your own health insurance**
You must complete the online Health Coverage Declaration to provide proof of your own health insurance. Choose “Waive Me” and provide your health insurance information.

**If you intend to continue enrollment in the Student Health Benefit Plan**
Please complete the Health Coverage Declaration and choose “Enroll Me” to confirm your enrollment. Eligibility criteria can be found [here](#).

The deadline to complete the Health Coverage Declaration is February 3. For more information, visit the Office of Student Health Benefits [website](#).

Please contact our office with questions.

Office of Student Health Benefits
University of Minnesota
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Minneapolis, MN 55455
Phone: 612-624-0627 or 1-800-232-9017
Fax: 612-626-5183 or 1-800-624-9881
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